1. Do the star precrease and collapse into a waterbomb base.

2. Valley fold and unfold.

3. Valley fold the top two free points to the top, crease and unfold. Repeat the procedure on the back side.

4. Open sink the top point.

5. Petal fold.

6. This is roughly what you should see while the petal fold is in progress. Repeat the maneuver on the back side.
8. Mountain fold the top layer to the inside of the model.

9. Inside reverse fold to meet the crease line.

11. Turn the model over to distribute the weight of the folds evenly.

12. Repeat step 9 & 10.

10. Valley fold the rest of the layers to the inside over top of the small triangle to lock.

13. Tah Dah!!!! Mount on a flower stem

Lifting the bottom points turns the model into a tulip and gives you two pages to express yourself upon.

Variations:
For 3D Fantasy Heart I: Undo the lock made in steps 9 & 10, inside reverse fold the corner as one, reform the small inside reverses in the center of each side, lift the bottom points and spread the wings of the sink.

For cards: Skipping the sink fold in step four will produce a 2 page book or card. Several animal and human faces can be made by starting in step 8 and using the top flaps to make various ear shapes, hair styles, eyes, etc. and put a small accordion pleated nose on the first page flap. Experiment some...it is addictive.